

James Montgomery

150 Commercial St • Winchester, VA 22601

Phone: 540-325-6146 • E-Mail: james@sevenbendsmedia.com

Experience

News Broadcast Director/ENG Photography, TV3 Winchester Nov. 2007 – Dec. 2009

Director of an hour morning news show. Duties included live edit punching of entire show using Ross switcher. Directing camera staff for appropriate shots. Directing audio engineers on levels of talent, package pieces and SOT's. Collaborate with producers on script and overall timing of the show with the ability to kill and add stories accordingly. Edit breaking news stories that may have happened in between broadcasts. In charge of archival footage and daily backup of stories. Updating webpage with weather, news, and breaking stories. Was also main ENG photographer for Sweeps packages, Feature packages, and Creative Sales pieces. Was in charge of lighting sets and interviews that created an overall look for each piece. Capturing the Directors vision for the package was my main goal as DP.

Cameraman/Producer/Editor of Fly Rod Chronicles Jan. 2010 – July 2013

Fly Rod Chronicles is a fly fishing television broadcast that was coined reality fly fishing. The show was award winning and aired on Sportsman Channel and Outdoor Channel. My duties included preproduction, filming, editing, and writing of entire 30 minute show. Each episode was shot on location around the world in a reality style. Main cameras used were Sony AX-2000, Sony Z5U, and Canon 5D Mark III. Edited on Avid Media Composer. Was in charge of voiceovers and all sound design including original music compositions. Produced several 30 second commercials that aired during FRC's commercial breaks. Managed accounts with the broadcaster and was in charge of delivery and paperwork of each episode. I produced a total of 26 episodes with FRC.

Cameraman/Producer/Editor for 44 Outdoors Inc. Nov. 2012 – April 2015

44 Outdoors Inc. is a full service production company in Winchester Va. Main project was Riggo on the Range with John Riggins, an outdoors television show that featured a Hall of Fame football player that hunted and fished to serve up an ultimate meal with celebrity guests in each episode. Duties included preproduction, filming, writing, graphic design, and sound design of entire 30 minute show. Built show open in Adobe After Effects. Show edited in Avid Media Composer. Cameras used are Sony PMW-200, Sony F3, Canon 5D Mark III, Sony AX-2000, and GoPro Hero 3. Each episode was filmed on location across the United States in a reality style with many real life hunting situations. Each episode featured a cooking element which was shot on location at several professional kitchens throughout the US. Produced a total of 26 episodes.

Other accomplishments at 44 Outdoors include Papa Johns 30 second commercial, John Riggins Sausage Commercial, pilot episodes for several show ideas to be pitched, Music Videos, Corporate Style Videos, DVD Authoring, Show Promos, and various graphic design projects.

Owner of Seven Bends Media LLC April 2015 – Present

Client List:

Fox News
ESPN Sports
Circa Blue Bluegrass Band
Lockheed Martin
Boeing Airlines

Johnston and Johnston Family Companies
Oldcastle Inc.
Escutcheon Brewing Company
Full Circle Marketing
Old Town Winchester Virginia

Education

Northern Virginia Community College

2001 - 2002

Majored in Music Recording Technology and received a Certificate in Music Recording Tech.

Full Sail University

2003 - 2004

Majored in Music Production and received a Bachelors of Science in Recording Arts.

Skills

Proficient in the following programs:

Avid Media Composer

Final Cut X

Adobe Premier Pro

Adobe After Effects

Adobe Audition

Adobe Photoshop

Adobe Illustrator

Avid Pro Tools

Apple Motion

Apple DVD Studio Pro



T H E W O R L D W I D E L E A D E R I N S P O R T S ™



Jim Witalka
Bureau Producer, Washington DC
Jim.Witalka@espn.com



To Whom It May Concern:

I have worked with James Montgomery on various shoots for the last 4 years, and would happily recommend him as a Director of Photography. James has a good eye for composition, knows how to light interviews in various environments efficiently and effectively, and is well versed in the latest camera and lighting technology. What sets James apart from many others, though is his penchant for creative thinking. He's not someone who just checks to boxes and sets up a shot the same way time after time. I can always count on a moment or 2 where James says, "what if we..." and proceeds to throw out an idea or 2 on a different approach to lighting setup, a different camera/gimbal option, or maybe an alternate staging or framing. He's been a great asset on every shoot I have worked with him on and continues to be someone I recommend to other producers and directors.



16 April 2018

To Whom It May Concern:

I have known James Montgomery in a professional capacity for over 5 years and can, with great confidence, recommend him for any position related to video production, editing or director of photography.

I was the Executive Producer of "Riggo on the Range with John Riggins" and James was the producer of the show. ROTR was an outdoor adventure show that featured NFL Hall of Fame running back John Riggins. The show tracked Riggins on various hunting and fishing adventures as well as incorporated a cooking segment in each show. A total of 26 shows were produced that aired on various cable channels from 2013 to 2016.

To call James a "producer" of the show does him great disservice. James was responsible for everything associated with the show. He scouted locations, developed a story line, directed and filmed each shoot, conducted interviews, wrote post-production narratives, edited, developed graphics and distributed the show. He was truly a "one man band".

James has also written, filmed and produced several other video based products for other business ventures in which I have been involved. James' work is exceptional and he is multi-talented. Not only does he have an amazing array of technical skills, he also is a true artist when it comes to telling a story through the production.

I, without the slightest reservation, would recommend James to anyone looking to develop a first rate production. He would be an invaluable asset to any production roster.

Sincerely,



Art Major
150 W Commercial St
Winchester, VA 22601
(540) 905-0031

Scott Spriggs
Chief Marketing & Creative Officer
540-409-7673

It is my pleasure to personally write this letter to share my experiences from the exceptional work of James Montgomery. I have hired James in several capacities and various types of projects. James has been our go-to videographer for Shenandoah University because of his ability to provide comprehensive video services. We know we can call James with a range of video concepts and give him the latitude to focus in on a clear vision for each piece. We can always count on him to deliver the video on time with a high degree of quality as well as provide the type of customer service not only with us but with the students, faculty and staff he engages with behind the camera. James has produced several videos highlighting our business school, conservatory and campus life — not to mention comprehensive video services to complete an impromptu personalized video for Michelle Obama involving acting students, over six set locations and drone footage — all filmed in one day.

Additionally, I am a board member of NW Works a nonprofit that specializes in workforce development and we were looking to re-message and rebrand our organization. James was my first choice to lead our video production. This video would serve as the primary messaging featured on our website, social media and presentations across the state. Messages were extracted a documentary film style without a script and James was able to weave the comments together to form a comprehensive message from our staff, clients, board members and community members. The piece delivered! Our message has been galvanized in an easy to share package thanks to James.

Without a doubt, I confidently recommend James Montgomery. He is a dedicated and knowledgeable employee and an all-around great person that isn't shaken by hard work — in the end, he raises the bar while making it fun!

Please feel free to contact me to discuss additional qualifications and further experience. I'd be happy to expand on my recommendation.

Best,

Scott Spriggs



Chief Marketing & Creative Officer

October 10, 2018

To Whom it May Concern,

It is with great pleasure to recommend James Montgomery for any video/television related position. I worked closely with James when he was employed by TV3 Winchester, where I served as a special consultant with the TV stations start up and continued operation.

With TV3 being a somewhat small operation based on a college campus, employees were very often called upon to perform many tasks. No one epitomized this more than James. I watched him go from a production assistant with limited experience to greater and higher levels of experience because of his drive and determination to learn. Within very little time James was producing and directing newscasts like a seasoned professional. I know from interaction with his supervisors at TV3 that he was a very valued employee.

Along with his natural talent, it has always been a true pleasure to work with James. I have always found him to be a true team player and able to bring out the best with those who worked on his team on the production of the newscasts. It was not unusual to see James mentoring newer employees.

Since James founded his own company, 7Bends, in my position at Shenandoah University, I have contracted with him and his company on numerous occasions, to help us with video projects when we were extremely busy. Each time the requested project was delivered on-time and was produced in an extremely professional manner. James has become our go to guy when we need help, even though he is often as busy as we are, as his talents as a producer and director have become widely known.

In my almost forty years in television and video production, I have worked with many talented individuals and James certainly stands out. I would recommend him highly as a director of photography, as he possess those innate skills to visualize a scene and make it as creative as possible.

Please feel free to contact me at the number below should you like to discuss James qualifications and experience further. I would be happy to expand on my recommendation.

Best regards,



Rick Ours

Video Production Director

Shenandoah University

Office of Marketing & Communications

(540) 535-3533

D.C. Divas Football LLC.

Rich Daniel, Owner/ Executive Producer
12240 Bond St. Wheaton MD 20902
301-573- 4260

October 8, 2018

To whom it may concern,

James Montgomery is a multi-talented director, producer, director of photography, and editor. I've found James to have a wide variety of abilities that have paid off time and time again on a variety of projects. Whether it be a concert hall, playing field, or on top of a mountain, he always delivers.

Sincerely yours,

A handwritten signature in black ink, appearing to read 'Rich Daniel', with a stylized, cursive script.

Rich Daniel